

## CO POISONED?

### Micro Direct Breath CO monitors are the answer!

With a Micro Direct breath carbon monoxide monitor it is now easier, more reliable and less expensive to learn if a firefighter or EMS victim has been poisoned by CO.

Micro Direct breath CO monitors are handheld devices that monitor the presence of possible CO poisoning via an exhaled breath into the device following a momentary breath hold.

Measuring possible CO poisoning from the lung, or **CORE of the BODY**, means you are looking directly at the source of the poisoning. This method is much more reliable than other non-invasive methods.

Breath CO testing is specifically mentioned in NFPA 1584: standard on the Rehabilitation Process for Members During Emergency and Training Exercises.

For additional information on the Micro Direct breath CO monitors, please contact Micro Direct Customer Service at 800-588-3381 or at [sales@mdspiro.com](mailto:sales@mdspiro.com).



### *Standard on the Rehabilitation Process for Members During Emergency Operations and Training Exercises -2015 Edition*

Page 17 /Paragraph A.6.2.6.4(1)

“Carbon monoxide (CO) is a colorless, odorless gas present in every fire. Symptoms of CO poisoning are nonspecific and easy to miss. Any fire fighter exposed to CO or presenting with headache, nausea, shortness of breath, or gastrointestinal symptoms at an incident where CO is present should be assessed for carbon monoxide poisoning. Carbon monoxide readily attaches to hemoglobin in the bloodstream and is measured as a percentage of carboxyhemoglobin saturation (%COHb). At an incident scene, carbon monoxide can be measured with a portable exhaled breath CO monitor.....”

